

Monday	Tuesday	Wednesday	Thursday	Friday
Water Fitness 9:00 AM - 9:45 AM Ann Marie	Water Fitness 9:00 AM - 9:45 AM Ann Marie	Water Fitness 9:00 AM - 9:45 AM Donna	Water Fitness 9:00 AM - 9:45 AM Marcia	Water Fitness 9:00 AM - 9:45 AM Ann Marie
Water Fitness 10:00 AM - 10:45 AM Ann Marie	Deep Water Fitness 10:00 AM - 10:45 AM Ann Marie		Water Fitness 10:00 AM - 10:45 AM Marcia	Water Walking/Jogging 10:00 AM - 10:45 AM Ann Marie
Aqua Arthritis 11:00 AM - 11:45 AM Donna	Aqua Arthritis 11:00 AM - 11:45 AM Donna	Aqua Arthritis 11:00 AM - 11:45 AM Donna	Aqua Arthritis 11:00 AM - 11:45 AM Donna	Aqua Arthritis 11:00 AM - 11:45 AM Donna
Water Fitness 5:30 PM - 6:15 PM Maryanne		Water Fitness 5:30 PM - 6:15 PM Maryanne		Water Fitness 5:30 PM - 6:15 PM Gia

Water Fitness Schedule

Fall 2009

Classes are NOT held on legal holidays

When School is cancelled in the City of Lowell due to snow, we also cancel ALL classes.

